



Going for Gold

A Northgate Training Game

Ideal for Large Numbers of Participants



A team activity that includes some challenging questions, some creativity and a card-based challenge that requires logical thinking and a good team process. Three tasks to complete in 40 minutes needs coordination.

The Activity

Teams start with 20 questions about the Olympic Games and hand in their best answers to receive a set of cards.

Half these cards contain the (mythical) names of cities that might host the Olympic Games; the other half gives clues which help the team eliminate all the cities except one.

Teams then design an advertising poster for the city which must include a new Olympic sport of their choice! All this against a tight deadline. The questions, the city and the poster are then scored to see who wins the gold medals! (Five winners medals are included in the pack.)

Energiser

Going for Gold is a lighthearted, energetic activity for use with any level of team within your organisation.

Ideal on team development programmes; this challenge creates high energy for a morning kick-off, an after lunch pick-me-up, or to consolidate the day - with delegates leaving on a high.

Teamwork

The activity raises a fund of issues for debate and improved team performance:

- team organisation
- valuing each team member
- behavioural traits
- time planning
- quality issues
- good decision-making
- creativity
- team morale.

How it Works

- 1 Issue teams with a Briefing Sheet and Question Sheet containing 20 multiple choice questions about the Olympics, designed to stimulate lots of debate and educated guessing.

Correct answer scores one point.

- 2 On submission of their completed answer sheet teams are then given a set of cards, flipchart paper and pens.
- 3 50 cards each contain the name of a different (mythical) city - one of which, teams are told, will host the next Olympics.

The other 50 cards hold information that teams use to eliminate cities - until there is just one left. This city is the one selected for the next (mythical) Olympics - which leads to the third stage of the activity.

Going for Gold

How it Works continued

- 4 Creativity is now required to design an imaginative Poster (using the flipchart paper) to advertise the Olympics, encapsulate the spirit of the Games and promote the host city.
Teams must also invent a new Olympic Sport to feature in their poster. Whacky thinking works well here!
- 5 All activity stops after 40 minutes and delegates are then given time to assess their performance using the Team Review Sheet. Meanwhile, Scores are allocated by for the Olympic Quiz (max. 20 points), the correct city (max. 20 points) and the poster (max. 20 points).
- 6 A short Debrief lead by the Trainer rounds off the session. The Trainer's Notes provide clear concise guidance on reviewing team performance and addressing specific issues such as objective setting, planning, time management, quality control and brainstorming. However, you may wish to use the activity purely as an ice breaker and keep the Debrief to a minimum.
- 7 The winning team is announced and the Winners' Medals are presented to members of the winning team!
There are five medals supplied in the pack and more are available from us at £2 each.

Users Feedback

"Transformed a group of rather nervous, quiet participants who didn't know each other into energetic, motivated teams. It very quickly got us working together – great fun – very topical!"

"I used this activity as an energiser to a Team Strategy Day with a group of senior managers. It was engaging and ideal for looking at how a team/group work together."

Timing: 40 minutes + debrief.

Numbers: Up to 10 teams with up to 5 delegates in a team (for each business game).

Who: Staff at any level.

PC required: None.

Licence Free: When you buy this training material, there are no restrictions on the number of times you can use it.

Cost to buy: You can buy this business game (which includes a trainer's manual) and use it yourself for £500 + delivery and VAT (if applicable).

We will also run this game for you, please contact us for details.

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